



## Profile of Hunger in 2010 at Hastings Family Service (HFS)

### Skipped Meals

- \* 46% reported that someone in their home skipped a meal in the past month because there was not enough money for food.

### Children

- \* Children make up 43% of the hungry who visit the food shelf. Hungry kids have difficulty learning and have more medical problems and absenteeism than children with adequate nourishment.

### Source of Income

- \* 50% work full-time or part-time.
- \* 25% receive Social Security or disability income.
- \* 5% receive county cash assistance.
- \* 14% receive unemployment compensation.

### Housing/Education/Medical Insurance

- \* 79% rent, while 21% own a home or mobile home.
- \* 87% have completed high school, have a GED or higher degree of education.
- \* 30% have no medical insurance.

### Reasons stated for coming to the food shelf

- \* 58% had work related issues; no job, laid off, wages do not cover expenses, not enough hours, loss of second income or waiting to get paid.
- \* 10% are experiencing an illness or injury, while 14% stated a major expense.
- \* 7% had child support or government assistance cut.

### Frequency

- \* 81% of clients visit the food shelf no more than two times per year.

### Food Donation Sources

- \* 100% of food given out by the food shelf is donated by individuals in our community or purchased at local grocery stores with monetary contributions. HFS stretches these dollars even further by purchasing food from Second Harvest Heartland for as little as 12 cents per pound.

### The Most Needed Items at the Food Shelf:

- |   |                     |                             |
|---|---------------------|-----------------------------|
| * Rice, Pasta, Potato, and Stuffing Sides | * Chili             | * Hamburger Helper          |
| * Vegetable, Chicken, and Chunky Soup     | * Jelly or Jam      | * Canned Fruit              |
| * Canned Fruit                            | * Saltine Crackers  | * Laundry or Dish Detergent |
| * Fruit Juice                             | * Sugar             | * Shampoo                   |
|   | * Pancake Mix/Syrup | * Deodorant                 |



## Hastings Family Service 2010 Programs and Activities Recap

**HFS served approximately 4,369 different individuals in one or more programs in 2010.**

**FOOD SHELF:** Provides a week's supply of groceries including fresh fruit, vegetables and dairy products.  
**1,059 food requests were filled.**

**CLOTHES CLOSET:** Slightly used clothing and household items are available at no cost to those in need and are also for sale to the general public.  
**708 families received free emergency clothing.**

**EMERGENCY GRANTS:** Assists households in crisis faced with a rental eviction or a past due mortgage payment, utility shut-off, transportation issues, or job-related expenses, and for those lacking funds for medical prescriptions. We also provide grants for selective dental procedures.  
**179 grants were provided.**

**SCHOOL ASSISTANCE:** Supplies are available for children at all grade levels.  
**317 children received school supplies**

**EMERGENCY ITEMS:** Diapers, formula, gasoline, and limited household items are available.  
**627 families were served.**

**MEALS ON WHEELS:** Provides home-delivered meals to seniors and the home-bound.  
**10,656 meals were delivered.**

**JUST FRIENDS:** Provides friendly visitors, transportation, and misc. services.  
**211 individuals, mostly seniors were served.**

**HOLIDAY ASSISTANCE:** Provides gifts and groceries to families and individuals.  
**1,390 people from 442 families were served.**

**INFORMATION AND REFERRAL:** HFS emergency workers share information about additional programs or services available from other providers that may help individuals obtain financial and emotional stability.

**STAFF AND VOLUNTEERS:** HFS increased its capacity to serve clients with eleven full or part-time staff members or **7.4 FTE's**. **23,191** volunteer service hours were provided - equivalent to an additional **11 FTE**.